

MARYVILLE MLK CELEBRATIONS PLANNED FOR JANUARY 18-21

HASAN DAVIS TO LEAD MC'S 2019 MLK DAY OBSERVANCES

Hasan Davis, a lawyer, juvenile criminal justice reform advocate, author and actor, will speak to the Maryville College community on Monday, January 21, 2019 during the College's Martin Luther King Jr. holiday observances.

Davis will speak at 11 a.m. in the Clayton Center for the Arts' Harold and Jean Lambert Recital Hall.

The MLK Day event, which is sponsored by Maryville College's Multicultural Center and Black Student Alliance, is free and open to the public. Voices of Praise, Maryville College's gospel choir, will perform during the event, and Maryville College students will give readings.

For more information about the event, please contact Larry Ervin, director of multicultural affairs at Maryville College, at 865.981.8222 or larry.ervin@maryvillecollege.edu.

BLOUNT MLK CELEBRATION COMMITTEE EVENTS

The theme for the Blount County MLK Celebration for 2019 is "Sharing Our Stories: From the Movement to the Moment." The celebration, planned by the Blount MLK Celebration Committee, will include several community events and activities:

- Friday, January 18 at noon – The Annual MLK Business Luncheon, the official kick-off to the MLK Celebration events, will be held at the Clayton Center for the Arts on the Maryville College campus

(please note the change of venue for this year). The keynote speaker for the event is Cassius Cash, superintendent of the Great Smoky Mountains National Park. The cost is \$35 per person or \$350 per table of 10. Reservations are required by January 11 and can be made by calling the Blount County Chamber of Commerce at 865.983.2241.

- Saturday, January 19 at 1 p.m. – The third annual MLK Kids and Families Fair, held at the Blount County Public Library, is sponsored by Blount County United, Blount County Showing Up for Racial Justice (SURJ), St. Paul AME Zion Church, Blount County NAACP and Foothills Unitarian Universalist Fellowship. The drop-in style, family-oriented event is for children of all ages and will offer a variety of fun activities and educational displays to celebrate the life and legacy of Dr. Martin Luther King, Jr., as well as other issues and topics related to race and identity, the historical and modern context of race/racism in the U.S., and how we can all work together to promote racial justice. Free and open to the community.
- Sunday, January 20 at 4 p.m. – Community Worship Service at St. John Baptist Church, Alcoa (178 Bessie Harvey Ave.). The Rev. Richard Turney, pastor of Rest Haven Baptist Church in Alcoa, will be the speaker.
- Monday, January 21 – Blount County Martin Luther King Jr. March and Celebration
 - 12:45 p.m.– Parade marchers are asked to assemble at the MLK Center (209 East Franklin Street) in Alcoa.

- 1 p.m. – The annual MLK Day March, honoring the peaceful protests that Martin Luther King, Jr. led across the South, will begin at the MLK Center and end at the Clayton Center for the Arts.
- 2 p.m. – The MLK Celebration Program will begin in the Clayton Center for the Arts' Ronald and Lynda Nutt Theatre. The keynote speaker is Bob Booker, author and former executive director of the Beck Cultural Exchange Center in Knoxville. The MLK Celebration Choir will perform. The event is free and open to the community.

MLK CHOIR NEWS

Attention all singers - It's time to start rehearsing for the 2019 MLK celebration. Mark your calendars for January rehearsals on the 8th, 10th and 15th at the Clayton Center choir room and January 17th at St. John Baptist Church, Alcoa. All start times are 7 p.m. For more information about the event, please contact Larry Ervin, director of multicultural affairs at Maryville College, at 865.981.8222 or larry.ervin@maryvillecollege.edu.

CIRCLES IN JANUARY

On Thursday, January 3 at 10:00 a.m., the Leah Circle will meet in the Small Dining Room at Shannondale. Contact Cindy Hodges (850-3471) for more information.

At 2:00 p.m., the Deborah Circle will meet in Liz Blackburn's home (1521 Linda Lane).

All other circles will meet in the usual place at the usual time.

FROM THE PASTOR

I don't think of my friends as a particularly morose lot, but as I've exchanged Christmas cards and holiday greetings with many of them, there seems to be

a recurring theme: "I'm looking forward to the New Year, because I

am soooo ready to be done with 2018!"

It's understandable. Some have experienced the death of family members, or unexpected downsizings at work, or any number of other forms of grief or loss. That's all piled on top of economic uncertainty, and political arguments, and just the generally mean and divisive tenor of life these days.

As I write these words, I'm still three sermons and seven worship services away from 2019, but I too am looking forward to the fresh start that a new year offers. In my reading this morning, I ran across John Wesley's Covenant Prayer, which is a part of a Covenant Renewal Service that is often celebrated in Methodist churches on New Years Eve, or the first Sunday of the year.

I'll admit, Wesley's prayer doesn't completely resonate with me (there are actually theological reasons why I'm no longer a Methodist, not just their appointment system that moves pastors around every few years!). But I found myself captivated by that idea of a prayer or a thought to launch me into a new year. That, of course, led to more reading and Googling and pondering, but I think I've landed on this, from Frederick Buechner (a good Presbyterian!) in his book *Telling Secrets*:

Go where your best prayers take you. Unclench the fists of your spirit and take it easy. Breathe deep of the glad air and live one day at a time. Know that you are precious. Know that you can trust God.

Go where your best prayers take you. At the beginning of a year that (we hope) will bring new structure, new staff and new life to New Providence, I am counting on the brave prayers of this congregation that will us to some places we've never been before. I'll

admit, while it feels a little risky and uncertain, at the same time there is something energizing and exciting about stepping out into God's future.

What about you? If you had a prayer for the coming year, what would it be?

Something traditional like the 23rd Psalm, or the Lord's Prayer? Would it be the Prayer

of St. Francis of Assisi, "Make me an instrument of your peace..." Anne Lamott says, "The three best prayers I know are *helpmehelpmehelpme*, *thankyouthankyouthankyou*, and *WOW!* Everyone should say 'Wow!' to God at least once a day." Maybe you like the prayer attributed to Mother Teresa, found on the wall of her orphanage in Calcutta, which includes the lines, "People are illogical, unreasonable, and self-centered. Love them anyway..." My friend John Philip Newell wrote one of my favorites: "In the gift of this new day, in the gift of the present moment, in the gift of time and eternity intertwined – let me be thankful, let me be attentive, let me be open to what has never happened before..." Dr. Martin Luther King, Jr. prayed simply, "Give us the intelligence to know your will. Give us the courage to do your will. Give us the devotion to love your will."

Maybe one of those catches your attention. Or maybe you'll be praying something else entirely.

I'm curious about what prayers will be on your mind and heart in the new year, and I'd love it if you'd share them with me. Meanwhile, Happy New Year, and may we be open to all that God has in store.

It is a joy to be the church with you!



Emily Anderson

NEW PROV U

New Prov U is an opportunity for the congregation, especially those 55 and older, to find enrichment opportunities from a variety of presentations. Join us on Wednesday, January 9, for a program by Lori Bishop (CFP), a financial planner for Core Benefits and Investments concerning Financial Defense for Seniors. She'll be talking about ten red flags that seniors should be aware of when planning and dealing the financial professionals, how to check on your brokerage services and who you are dealing with. There have been several local scam artists exposed lately and this is a perfect time for us all to check our investments and professionals. Contact Stephanie Bell (681-0493, stephaniebell47@gmail.com) by noon on Thursday, January 3, to make reservations for the 11:30 a.m. lunch (\$7) or just come for the program at noon.

Andy Simon

INCLEMENT WEATHER POLICY

When bad weather strikes and you aren't sure if the church will be open, just remember that we follow the Maryville City Schools weather closure schedule. If the news announces that Maryville City Schools are closed, NPPC will be closed and all meetings cancelled for the day.

If the weather falls on the weekend, look on our website, Facebook page or in your inbox if you receive our electronic communications for announcements about services. If you'd like to receive our electronic communications and aren't currently on our list, contact Coco (coco@newprovidencepres.org, 983-0182 x102) in the church office and I'll add you to the list.

Coco Everett

FROM THE INTERIM ASSOCIATE PASTOR

2018 will go down for me as a year where life most times was great, and I admit at times, not so great (that's why it is called life, right?). In my family I started losing cousins of my generation, family members' illnesses appeared to linger on and on even with prayer, and while we as Christians may live separate from the world we are also connected to the things of the world – good and bad. All of our spirits have been shaken by mass shootings, unimaginable separation of children from their parents, and literally for some in our society their lives seem less important than others. At the same time, I felt the goodness of God – being passed on from friends and neighbors (and even strangers), peacemakers abounding in creating peace and God's presence forever near.

The question for me is – Lord, what would you have me do in this time and place? How do I take a stand? Do I pray? Do I send a check? I believe we all have such questions. Last week Michelle Huntoon, chair of the Church in the World Ministry Team shared an article that was written by Emily Brewer, who was birth into the ministry as God would have it from this church. She was arrested along with 30 clergy members on the border as they sought to support those who seek asylum in our country. She was led to take a stand and for me her fearlessness, concern and empathy are admirable.

As we move into 2019, two thoughts are inspirational for me, one from the scripture and the other from the movie "Coach Carter."

In the Scripture, Mordecai reminds Esther (and us) in Esther 4:13-14 that just because we find ourselves in special places it does not mean that we will escape what could happen to others and that while we live in a specific place and time we can make a difference.

...he sent back this answer: "Do not think that because you are in the king's house you alone of all the Jews will escape. For if you remain silent at this time, relief and deliverance for the Jews will arise from another place, but you and your father's family will perish. And

who knows but that you have come to your royal position for such a time as this?"

The second is a quote from the movie "Coach Carter." He makes a strong attempt to motivate his basketball team to do their best. Like the team, sometime we feel ineffective and afraid so we step back from giving our best. The coach encourages and challenges our understanding of giving our best to a situation. He indicates that doing our best is liberating. And as we are liberated, those in our presence are liberated as well... this is profound.

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.

My invitation... as life takes us to special times and places in 2019, let us with a fearlessness and boldness join God's plan in deliverance, liberation and light-shining.

Happy New Year! Gloria Mencer

BARTLETT BUZZ

Happy New Year! We are off to a great start in 2019 with four birthdays to celebrate in January. It will be a party month in Bartlett Adult Day Out!

We are in need of more volunteers. If you have a few hours to spare, we could use your help. We meet on Tuesdays and Wednesdays from 9 a.m. to 1 p.m. Call Trish at 268-3810 to find out more or to schedule a visit with us.

Trish Badgett, Parish Nurse

CHURCH CLOSED

The church will also be closed on Tuesday, January 1 and Monday, January 21.

CONGREGATIONAL MEETING CALLED

A meeting of the congregation of New Providence Presbyterian Church is hereby called to be held on January 6 at 10:00 a.m. in the Sanctuary. This will be a meeting to discuss the staff design proposal and authorize the Associate Pastor Nominating Committee to search for two associate pastor positions.

Called by the order of Session on November 20, 2018. *Beth Lazar*, Clerk of Session, *Rev. Dr. Emily Anderson*, Moderator

MEETING CHANGES FOR JANUARY

Please note that, because January 1 is the first Tuesday of the month, all ministry team meetings, committee meetings and the Session meeting have been delayed one week.

Administrative Ministry Team, Congregational Life/Deacons Ministry Team, and all sub-committees will meet on January 8. Discipleship & Education Ministry Team, Church in the World Ministry Team, Worship & Arts Ministry Team, and all subcommittees will meet on January 15. The Session meeting will be on Tuesday, January 22.

Coco Everett

COMMUNION

We will celebrate the Lord's Supper during both services of worship on Sunday, January 6.

Coco Everett

JANUARY BIRTHDAYS

These are the "Taking the Love of Christ" (TLC) home-bound members whose birthdays occur during January. Shower them with birthday cards to remind them that they are special!

- Elenor Van Pelt, January 4
- Jackie Kellar, January 15

Donnae Farley

CALENDAR FOR JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 New Year's Day - Church Closed	02 8:30AM Men's Building Square (Atrium) 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 4:00PM Lectionary Bible Study (Off Campus) 5:30PM Meditation Mindfulness Community (Parlor) 5:30PM FirstLight Rehearsal (Sanctuary)	03 10:00AM Ruth Circle (W201) 10:00AM Leah Circle (Shannondale) 10:00AM Martha Circle (Chapel) 1:30PM Home School Chemistry Group (W202) 2:00PM Deborah Circle (Liz Blackburn's) 5:30PM Public Theology (Off Campus) 7:00PM Mary Circle (Off Campus)	04	05
06 Epiphany of the Lord Communion 9:00AM FirstLight Worship (Sanctuary) 10:00AM Called Congregational Meeting (Sanctuary) 10:30AM Church School 11:05AM Traditional Worship (Sanctuary) 2:30PM New Officers' Gathering (Off Campus) 4:30PM iGroup (W201), (WH) 6:00PM Youth Dinner (WH) 6:30PM PYC (W201), (WH)	07 7:30AM Monday Morning Theologians (Off Campus) 8:00AM CBS Sorting (WH), (Kitchen) 6:00PM BSA-Wolf Cubs (REH) 6:30PM BSA-Troop 88 Badge Review (FWH) 7:00PM BSA - Webelo 1 (FEH) 7:00PM BSA-Bear Cubs (REH) 7:00PM BSA - Troop 88 (FWH) 7:00PM BSA-Tiger Cubs 7:00PM BSA-Webelos 2 (RWH)	08 9:00AM Bartlett Adult Day Out (REH) 9:30AM Community Food Connection Board (Chapel) 10:00AM Welcome Table Prep (WH), (Kitchen) 1:45PM Centering Prayer (W201 Front), (W201 Rear), (W201) 5:00PM Welcome Table (WH) 6:00PM Men's Lead Team (W201) 6:30PM Facilities Committee (Parlor) 6:30PM Bereavement/Nurture/TLC Committee (219) 6:30PM Connections Committee (REH) 6:30PM Event Support Committee (215) 6:30PM Fellowship Committee (213) 6:30PM Transportation Committee (206) 7:00PM Budget & Finance Committee (108) 7:00PM New Prov Green Team (W202) 7:00PM Policy Committee (W201) 7:15PM Congregational Life/Deacons (206) 8:00PM Admin Team (Chapel)	09 7:30AM Men's Witnessing Square (W201) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 11:30AM New Prov U (FWH), (Kitchen), (RWH), (WH) 2:00PM P.E.A.K. (bus) 3:00PM PEAK and Cloud 9 (206), (208), (212), (216), (217), (23), (Pavilion), (RWH) 4:00PM Lectionary Bible Study (Off Campus) 4:15PM Home School Theatrical Production Class (FEH) 5:30PM FirstLight Rehearsal (Sanctuary) 6:00PM NAMI Group 2 (206) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room)	10 7:00AM New Officer Training (Nuts & Bolts) (Chapel) 8:00AM PEO Meeting (W201) 9:00AM Quilters (FWH) 10:00AM D & S Community Services Training (FEH)	11 7:00PM Youth Lock In (W201), (W202), (WH)	12 7:00PM Youth Lock In (W201), (W202), (WH)
13 Baptism of the Lord 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Discipleship to Leadership (Chapel) 11:05AM Traditional Worship (Sanctuary)	14 7:30AM Monday Morning Theologians (Off Campus) 8:00AM CBS Sorting (WH), (Kitchen) 10:00AM Maryville Babywearers (206) 6:00PM BSA-Wolf Cubs (REH) 6:30PM BSA-Troop 88 Badge Review (FWH) 7:00PM Women's Study Group (Parlor) 7:00PM BSA - Troop 88 (FWH) 7:00PM BSA-Bear Cubs (REH) 7:00PM BSA-Webelos 2 (RWH) 7:00PM BSA - Webelo 1 (FEH) 7:00PM BSA-Tiger Cubs	15 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH), (Kitchen) 1:45PM Centering Prayer (W201 Front), (W201 Rear), (W201) 5:00PM Welcome Table (WH) 6:15PM Welcome Table Committee (109) 6:30PM Youth Committee (W201) 6:30PM Worship & Arts Team (Choir Room) 6:30PM Children's Committee (215) 6:30PM Adult Ed Committee (108) 7:00PM Church in the World (Chapel) 7:30PM Discipleship & Education (216)	16 8:30AM Men's Building Square (Atrium) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 1:00PM PEO Meeting Set up for Tomorrow (EH) 2:00PM P.E.A.K. (bus) 3:00PM PEAK and Cloud 9 (206), (208), (212), (216), (217), (23), (Pavilion), (RWH) 4:00PM Lectionary Bible Study (Off Campus) 4:15PM Home School Theatrical Production Class (FEH) 5:30PM FirstLight Rehearsal (Sanctuary) 5:50PM Meditation Mindfulness Community (Parlor) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room)	17 8:00AM CBS Setup (Kitchen), (RWH) 9:00AM Quilters (FWH) 1:30PM Home School Chemistry Group (W202)	18 8:30AM CBS (WH), (Kitchen) 10:00AM Life Beginners	19
20 Money for Manna 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Discipleship to Leadership (Chapel) 11:05AM Traditional Worship (Sanctuary) 4:30PM iGroup (W201), (WH) 6:00PM Youth Dinner (WH) 6:30PM PYC (W201), (WH)	21 MLK Day - Church Closed	22 New Prov Press Deadline 8:00AM CBS Sorting (WH) 9:00AM Bartlett Adult Day Out (REH) 12:00PM Welcome Table Prep (FWH), (Kitchen) 1:45PM Centering Prayer (W201 Front), (W201 Rear), (W201) 5:00PM Welcome Table (WH) 6:30PM Communion Training (Sanctuary) 7:00PM Session (Chapel)	23 7:30AM Men's Witnessing Square (W201) 9:00AM Bartlett Adult Day Out (REH) 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 2:00PM P.E.A.K. (bus) 3:00PM PEAK and Cloud 9 (206), (208), (212), (216), (217), (23), (Pavilion), (RWH) 4:00PM Lectionary Bible Study (Off Campus) 4:15PM Home School Theatrical Production Class (FEH) 5:30PM FirstLight Rehearsal (Sanctuary) 6:00PM Tai Chi Class (FEH) 6:00PM NAMI (W201) 7:00PM Chancel Choir (Choir Room)	24 9:00AM Quilters (FWH) 1:30PM Home School Chemistry Group (W202) 6:00PM Supper Club (WH)	25	26
27 9:00AM FirstLight Worship (Sanctuary) 10:00AM Church School 10:00AM Discipleship to Leadership (Chapel) 11:05AM Traditional Worship (Sanctuary) 4:30PM iGroup (W201), (WH) 6:00PM Youth Dinner (WH) 6:30PM PYC (W201), (WH)	28 7:30AM Monday Morning Theologians (Off Campus) 8:00AM CBS Sorting (WH), (Kitchen) 6:30PM BSA-Troop 88 Badge Review (EH) 6:30PM BSA-Pack Meeting (WH) 7:00PM Women's Study Group (Parlor) 7:00PM BSA-Troop 88 (EH)	29 9:00AM Bartlett Adult Day Out (REH) 10:00AM Welcome Table Prep (WH), (Kitchen) 1:00PM New Prov Press Mailing (Chapel) 1:45PM Centering Prayer (W201 Front), (W201 Rear), (W201) 5:00PM Welcome Table (WH)	30 9:00AM Bartlett Adult Day Out (REH) 9:00AM PWC Bible Study Leaders (Chapel) 10:00AM Lectio Divina Group (109) 10:30AM Widow & Widower Support Group (W202) 2:00PM P.E.A.K. (bus) 3:00PM PEAK and Cloud 9 (206), (208), (212), (216), (217), (23), (Pavilion), (RWH) 4:00PM Lectionary Bible Study (Off Campus) 4:15PM Home School Theatrical Production Class (FEH) 5:30PM FirstLight Rehearsal (Sanctuary) 6:00PM Tai Chi Class (FEH) 7:00PM Chancel Choir (Choir Room)	31 9:00AM Quilters (FWH) 1:30PM Home School Chemistry Group (W202)		

RWH - Rear Westminster Hall

FWH - Front Westminster Hall

FEH - Front Eastminster Hall

REH - Rear Eastminster Hall

ACS/BCS/MCS - Blount County, Alcoa, and Maryville School Systems

CHILDREN'S MINISTRY NEWS

PEAK & CLOUD 9 JANUARY SCHEDULE

- Jan.9th – PEAK & Cloud 9 -Start of Spring Semester*
- Jan.16th – PEAK & Cloud 9*
- Jan.23rd – PEAK & Cloud 9*
- Jan.30th – PEAK & Cloud 9*

*Remember if Maryville City Schools close due to inclement weather, NPPC is ALSO Closed. NO PEAK or Cloud 9 on Snow Days.

EXCITING NEWS!

Our Wednesday afternoon programs, PEAK and Cloud 9, have grown. We have over 30 children participating and hope for more in the spring. With this increase in numbers, we need additional adult or high school youth volunteers to keep us in compliance with the church's Child Protection Policy. Please contact Fairlena (children@newprovidencepres.org) for more information.

CHILDREN'S MINISTRIES OPPORTUNITIES

With the new semester we have new opportunities for those interested in working with the Children's Ministries.

- Have some time on Wednesdays? Join us for PEAK and Cloud 9. You can make snacks for the kids; welcome riders on the bus; or be a buddy helping the kids during PEAK and Cloud 9.
 - Bus riders: <https://www.signupgenius.com/go/60b084dafab2babfa7-20182019> to sign up.
 - Snacks: <https://www.signupgenius.com/go/60b084dafab2babfa7-snacks>.
- High Schoolers and College Friends - do you need volunteer hours? The Wednesday afternoon PEAK (K-3rd) and Cloud 9 (4th & 5th) programs have grown, and we could use your help. You can volunteer for a once a month rotation or sign up for every Wed. The program runs

from January 9 through May 1 from 2:45 to 5:30 p.m. Contact Fairlena (children@newprovidencepres.org) for more information.

- Have some time on Sundays? Sometimes we are exceptionally blessed with Littles in the nursery on Sunday mornings. When that happens, it is wonderful to have adults available to help balance out our adult to child ratio. If you are interested in being on call, go to <https://www.signupgenius.com/go/60B084DAFAB2BABFA7-oncall> to sign up.

CLOUD 9 NEEDS YOU!!

Our Sunday School class for 4th & 5th graders needs teachers for the spring. Join the team to teach one Sunday a month. We have new curriculum from *Feasting on the Word* that follows the lectionary. Contact Fairlena, children@newprovidencepres.org, for more information. Go to <https://www.signupgenius.com/go/60b084dafab2babfa7-201819> to sign up for dates.

HUGS & KISSES FROM THE LITTLES

Thank you to everyone who came down to the nursery over the month of December to help out while our Preschool Interns went home to celebrate the holidays with their families. I hope you all enjoyed being with the Littles as much as they enjoyed their time with you!

Fairlena Googe

LECTIONARY READINGS FOR JANUARY

- January 6: Isaiah 60:1-6, Psalm 72:1-7, 10-14, Ephesians 3:1-12, Matthew 2:1-12
- January 13: Isaiah 43:1-7, Psalm 29, Acts 8:14-17, Luke 3:15-17, 21-22
- January 20: Isaiah 62:1-5, Psalm 36:5-10, 1 Corinthians 12:1-11, John 2:1-11
- January 27: Nehemiah 8:1-3, 5-6, 8-10, Psalm 19, 1 Corinthians 12:12-31a, Luke 4:14-21

OFFICERS FOR 2019

ELDERS

- 2019 - Bobbie Briggs, Kate Clabough, Jenifer Greene, Jane Morton, Jeff Pezick, John Pittenger, Bill Yarborough
- 2020 - Nick Bradford, Carrie Eaton, Andrew Irvine, Tyler Johnson, Maxey Long, Laura Shamiyeh, Mike Teffeteller
- 2021 - Stephanie Bell, David Forster, Paula King, Bryce Luttrell, Fred Metz, Beth Ragsdale-Smith, Claire Shamiyeh, Bill White, Teal Willoughby

DEACONS

- 2019 - Nancy Coleman, Bud Gangwer, Don Hodges, Sharon Meltzer, Don Myers
- 2020 - Jimmy Beard, Kristina Chisholm, Reba Luttrell, Kathy Neisser, David Stephens, Ryan Young
- 2021 - Liz Huffaker, Gaines Lee, Angel Lyles, Don Moore, Donna Ridge, Brown Tate

NOMINATING COMMITTEE

- 2019 - Jean Beard, Liz Blackburn, Tracy Luttrell, Phil Mummer, Ken Paxton, Ashley Watkins

TENDING OUR FLOCK

WE SHARE JOY

- Rush Tobin Bradford, born to Liz and Nick on 12/7, 20" in length and weighing 8 pounds 15 oz.

WE SHARE SORROW

- Paul Ten Eyck, 12/8
- Marilyn Hoffman, 11/27
- Brad Huffaker, 11/14

Have a new baby? Dad in the hospital? Someone graduate? Your church family would love to share your joys and your sorrows. Contact Coco (coco@newprovidencepres.org, 983-0182, x102) to share your news.

A MESSAGE FROM YOUR GREEN TEAM

As you may know, NPPC recycles Sunday bulletins, the church office recycles its paper and the Welcome Table staff and volunteers make an effort to recycle when they can. But we'd like to do more.

In 2016, New Providence was certified as a PC(USA) Earth Care congregation. To support that, the NPPC Green Team has purchased a recycling container that is located near the kitchen-side entry door of Westminster Hall.

We'd like to encourage ALL groups and individuals to participate by recycling church-generated metal and plastics #1-#7 in the single stream container. Someone will be checking weekly, or more frequently as needed, to dispose of the items at the recycling center. If this program is successful, additional containers will be purchased for other locations within the church.

Contact any member of the NPPC Green Team if you have any questions, or for information about what does and what does not go into the recycling bin. We would also love to hear from you if you or your church-affiliated group would like to volunteer to help take the recycling items to the recycling center.

As the PCUSA Presbyterian Mission – Earth Care Pledge reminds us: "God calls us to be careful, humble stewards of this earth" and together, we can make a difference.

Emily Yarborough

HEALTH TIPS

GOOD CARBS VS BAD CARBS

With a New Year comes many resolutions, often those having to do with eating better and exercising more. Along those lines, we have all heard that eating a lower carb diet is healthy, but fruits and vegetables are carbs, so what are we to do?

HELPFUL CARBOHYDRATE GUIDE

Good Carbs

Fresh Fruits
Fresh Veggies
Legumes
Beans
Peas
Lentils
Whole Grains
Brown Rice
Quinoa
Pure Oats
Pumpkin Seeds
Sunflower Seeds
Sweet Potatoes
Potatoes
Walnuts
Almonds
Macadamia nuts
Hazelnuts

Bad Carbs

Fruit Juices
Soda or Pop
Cookies
Pastries
Cakes
White Bread
White Crackers
Regular Pasta
Candy
Ice Cream
Frozen Yogurt
Potato Chips
Any other chips
French Fries

Why?

High Fiber	Low Fiber
Natural Sugars	Refined/Processed
Low Glycemic	Fast Digestion
Low insulin levels	Hunger comes quicker
Slow Digestion	Energy levels deplete quicker
Prolonged energy	Added sugars
Keeps you full	High insulin levels
Weight loss	High glycemic carbs convert into fat cells
	Causes weight gain

Trish Badgett, Parish Nurse

GET CONNECTED

Keep up with all the happenings at New Prov, do one or all of the following:

- Friend us on our Facebook page @newprovpres
- Follow us on Twitter to get our tweets at @newprovpres
- Follow us on Instagram at newprovidencepres
- Hashtag any post with #NewProvPres to keep in the loop
- Subscribe to the E-news, our weekly electronic newsletter of last minute church news
- Get our Adult Ed E-news, our quarterly newsletter concerning all things Adult Education
- Check out our website at www.newprovidencepres.org
- Contact Coco (coco@newprovidencepres.org, 983-0182 x102) and get signed up today!

DONATE NOW

Use this QR code or go to newprovidencepres.org/donate.



SUNDAY MORNING LEADERSHIP FOR JANUARY

FIRSTLIGHT SERVICE AT 9:00 A.M.

	Elder Greeters	Ushers	Children's Time
6	Hayley Lynn, Bryan Kilday, Gabie Kerr	Tom Raines*, Peggy Raines, Sally Daley, Terry & Judy Woods	Hayley Lynn
13	Bobbie Briggs and Jenifer Greene	Judy Woods*, Connie & Jack Jackson, Ron & DeAnne Gibbs	Vandy Kemp
20	Bill Yarborough, Maxey Long, Laura Shamiyeh	Jack Jackson*, Connie Jackson, Bobbie Briggs, Vandy Kemp, Dan Crawford	Tracy Luttrell
27	Nick Bradford, Ayak Cinkoc, Carrie Eaton	Jenn Hardy*, Claude Hardy, Roy & Ruth Fox, Martha Cobb	Susan Young

TRADITIONAL SERVICE AT 11:05 A.M.

	Elder Greeters	Ushers	Children's Time
6	Maxey Long, Tracy Luttrell, John Pittenger	Jason Brooks*, Ann Spencer, Lynne Musick, Phil Mummert, Susan Young	Hayley Lynn
13	Michelle Huntoon, Kate Clabough, Tyler Johnson	Karen* & Ken Paxton*, Bud Gangwer, Barbara Hall, Jeanne Ezell	Vandy Kemp
20	Mike Teffeteller, Jane Morton, Andrew Irvine	Bill Morton*, Jane Morton, Tom & Eva Carpenter, Mot Krick	Tracy Luttrell
27	John Pittenger, Laura Shamiyeh, Nick Bradford	Stephanie Bell*, Dennis & Ann Cherry, Jack Bell, Jeff Pezick	Susan Young

* Head Usher



"You know those toys the Children's Department bought that were guaranteed to be unbreakable? The children used them to break everything else!"



"Now that everyone's greeted their neighbor with a handshake, the ushers will be dispensing hand sanitizer."

MINISTERS & SUPPORT

The Reverend Doctor Emily J. Anderson PASTOR
 The Reverend Gloria Mencer INTERIM ASSOCIATE PASTOR
 The Reverend Doctor Stan Rushing PARISH ASSOCIATE
 Rob Britt DIRECTOR OF MUSIC
 Peggy Rogers ORGANIST & DIRECTOR OF HANDBELLS
 Brian Hampton INTERIM FIRSTLIGHT COORDINATOR
 Cindy Sugg DIRECTOR OF CHILDREN'S MUSIC
 Fairlena Googe INTERIM CHILDREN'S COORDINATOR
 Leah Thomas INTERIM CHILDREN'S FACILITATOR
 Trish Badgett PARISH NURSE
 Amelia Geis-Scott WELCOME TABLE COORDINATOR
 Ray Bryant FACILITIES MANAGER
 Penny Bever BUSINESS ADMINISTRATOR
 Coco Everett COMMUNICATIONS COORDINATOR
 Paige Reed INFORMATION COORDINATOR



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DATES TO REMEMBER FOR JANUARY

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| 1 | New Year's Day - Church Closed |
| 6 | Communion
Epiphany
Called Congregational Meeting |
| 18 | Community Benefit Sale |
| 21 | MLK Jr. Day - Church Closed |
| 22 | <i>New Prov Press</i> Deadline |

